

# London Marathon Weekend at Doost & Amici

Whether you're running, cheering, or celebrating, we've created nourishing and delicious menus to power you through the weekend

## THE NIGHT BEFORE (SATURDAY)

RUNNERS		FRIENDS & FAMILY	
Fuel up & hydrate with clean carbs & comforting dishes			
Beetroot, Quinoa & Feta Salad	£16	Burrata & Prosciutto Salad	£16
rich in antioxidants and easy on the stomach		served on a bed of peppery arugula extra virgin olive oil and balsamic	
Grilled Chicken & Sweet Potato	£18	Tagliatelle Cacio e Pepe	£14
lean protein and complex carbs		pecorino cheese & freshly cracked black pepper	
Pasta al Pomodoro	£16	Ghormeh Sabzi	£18
classic carb-loading choice with a fresh tomato sauce		a classic stew of tender lamb, fresh herbs & kidney beans served with basmati rice	
Herbed Rice with Lentils	£18	Fesenjan Ba Ordak	£19
Persian-style, full of fibre and energy		duck in a rich pomegranate & walnut sauce	
Dessert	£9	Wagyu Beef Burgers	£18
Fruit Salad or Banana & Honey Greek Yogurt		exquisite wagyu meat flavour	

## RACE DAY (SUNDAY)

PRE-RACE SPECIALS 8-10AM		ALL-DAY MENU	
Energising starts and comforting recovery dishes			
Porridge	£11	Full English Breakfast	£12
Banana, Honey & Walnuts		sausage, bacon, mushrooms, baked beans, poached egg, & grilled tomato	
Simit with Poached Eggs	£12	The Gardener	£12
crisp & golden Turkish simit, two poached eggs, garlic saffron yogurt, with za'atar dressing		feta, avocado, mushrooms, baked beans, poached egg, & grilled tomato	
Green Haven Smoothie	£6.50	Salt Beef Sandwiche	£14
apple, spinach, kale, & pineapple		pickles, sauerkraut, cheese, and homemade salt beef, with Russian dressing	
Freshly Pressed Juices	£6.50	Koobideh Wrap	£11
carrot, apple, or orange		juicy skewer of ground lamb & beef	
Pick Me Up	£6.50	House Cakes	£9
banana, peanut butter, oat milk, & espresso		pear & frangipane tart, or torta della nonna	